

OSHA's Form 300A (Rev. 01/2004)

Summary of Work-Related Injuries and Illnesses

All establishments covered by Part 1904 must complete this Summary page, even if no injuries or illnesses occurred during the year. Remember to review the Log to verify that the entries are complete. Using the Log, count the individual entries you made for each category. Then write the totals below, making sure you've added the entries from every page of the log. If you had no cases write "0".

Employees former employees, and their representatives have the right to review the OSHA Form 300 in its entirety. They also have limited access to the OSHA Form 301 or its equivalent. See 29 CFR 1904.35, in OSHA's Recordkeeping rule, for further details on the access provisions for these forms.

Number of Cases

Total number of deaths	Total number of cases away from work	Total number of cases with job transfer or restriction	Total number of other recordable cases
0	1	0	1
(G)	(H)	(I)	(J)

Number of Days

Total number of days away from work	Total number of days of job transfer or restriction
24	0
(K)	(L)

Injury and Illness Types

Total number of... (M)	(1) Injury	(2) Skin Disorder	(3) Respiratory Condition	(4) Poisoning	(5) Hearing Loss	(6) All Other Illnesses
	2	0	0	0	0	0

Post this Summary page from February 1 to April 30 of the year following the year covered by the form

Public reporting burden for this collection of information is estimated to average 30 minutes per response, including time to review the instruction, search and gather the data needed, and complete and review the collection of information. Persons are not required to respond to the collection of information unless it displays a currently valid OMB control number. If you have any comments about these estimates or any aspects of this data collection, contact: US Department of Labor, OSHA, Office of Statistics, Room N-3844, 200 Constitution Ave, NW, Washington, DC 20210. Do not send the completed forms to this office.



Year 2021

U.S. Department of Labor  
Occupational Safety and Health Administration

Form approved OMB no. 1218-0176

**Establishment information**

Your establishment name MANCON, LLC - HRSO  
 Street 1951 DIAMOND SPRINGS RD  
 City VIRGINIA BEACH State VIRGINIA Zip 23455

Industry description (e.g., Manufacture of motor truck trailers)  
FEDERAL CONTRACTOR, SUPPLY CHAIN MANAGEMENT, COMMERCIAL SALES

Standard Industrial Classification (SIC), if known (e.g., SIC 3715)  
8 7 4 4  
 OR North American Industrial Classification (NAICS), if known (e.g., 336212)  
5 6 1 2 1 0

**Employment information**

Annual average number of employees 185.25  
 Total hours worked by all employees last year 79,281.75

**Sign here**

Knowingly falsifying this document may result in a fine.

I certify that I have examined this document and that to the best of my knowledge the entries are true, accurate, and complete.

[Signature] Title President Date 1/31/2021  
[Signature] Company executive  
757-460-6508 Phone