



OSHA's Form 300A (Rev. 01/2004)

Summary of Work-Related Injuries and Illnesses

Year 2019

U.S. Department of Labor Occupational Safety and Health Administration Form approved OMB no. 1218-0176

All establishments covered by Part 1904 must complete this Summary page, even if no injuries or illnesses occurred during the year. Remember to review the Log to verify that the entries are complete. Using the Log, count the individual entries you made for each category. Then write the totals below, making sure you've added the entries from every page of the log. If you had no cases write "0."

Employers former employees, and their representatives have the right to review the OSHA Form 300 in its entirety. They also have limited access to the OSHA Form 301 or its equivalent. See 29 CFR 1904.35, in OSHA's Recordkeeping rule, for further details on the access provisions for these forms.

Number of Cases

Table with 4 columns: Total number of deaths, Total number of cases away from work, Total number of cases with job transfer or restriction, Total number of other recordable cases. Values: 0, 0, 0, 1.

Number of Days

Table with 2 columns: Total number of days away from work, Total number of days of job transfer or restriction. Values: 0, 0.

Injury and Illness Types

Table with 6 columns: (1) Injury, (2) Skin Disorder, (3) Respiratory Condition, (4) Poisoning, (5) Hearing Loss, (6) All Other illnesses. Values: 1, 0, 0, 0, 0, 0.

Post this Summary page from February 1 to April 30 of the year following the year covered by the form

Public reporting burden for this collection of information is estimated to average 58 minutes per response, including time to review the instruction, search and gather the data needed, and complete and review the collection of information. Persons are not required to respond to the collection of information unless it displays a currently valid OMB control number. If you have any comments about these estimates or any aspects of this data collection, contact: US Department of Labor, OSHA Office of Statistics, Room N-3644, 200 Constitution Ave. NW, Washington, DC 20210. Do not send the completed forms to this office.

Establishment information

Your establishment name MANCON, LLC-Corporate
Street 1961 Diamond Springs Road
City Virginia Beach State Virginia Zip 23455
Industry description Federal Contractor, Supply Chain Management, and Commercial Sales
Standard Industrial Classification (SIC), if known (e.g., SIC 3715) 8 7 4 4
OR North American Industrial Classification (NAICS), if known (e.g., 336212) 5 6 1 2 1 0

Employment information

Annual average number of employees 61
Total hours worked by all employees last year 105,660

Sign here

Knowingly falsifying this document may result in a fine.

I certify that I have examined this document and that to the best of my knowledge the entries are true, accurate, and complete.

Signature: Gary J. Law, Compliance executive
Title: Director of HR
Date: 1-31-20
Phone: 757-457-9311